



## It's Friday but Sunday's Coming

Sabbath isn't just a time of rest. Rest is good and important but we need more than rest. Sabbath was always intended to be about us as much as it was about God. Jesus made this clear when he said to the Pharisees and teachers of the law who criticised his disciples after they picked and ate grain on a Sabbath in violation of the laws about not working. Jesus said to them *The Sabbath was made for humankind, and not humankind for the Sabbath; so the Son of Man is lord even of the Sabbath*. Sabbath is about what is good for us—it was created to benefit humankind not to lay another burden on us. Sometimes I just need to get away from people and God understands that need. At other times I need to be around people—God understands that too. The need for our culture to find a new habit of rest is vital but that rest can take many forms. It can mean growing relationships within families; it can mean helping a neighbour who has fallen on bad times; it can mean feeding the family so they can rest and it can mean engaging in a spirit-building activity such as being an artist or indulging a hobby. Most of all, however, Sabbath is, I believe, about developing healthy relationships. Marriage is really a new individual and growing a marriage requires that we care for it as if it were a new individual. Like us, marriage needs a Sabbath. A time apart, a time to talk, a time to reconnect with each other. I can't underestimate how important this is for marriage. A regular time away together is so important for this central relationship.

Richard

[www.leithvalley.org.nz](http://www.leithvalley.org.nz)

### CONTACTS

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|                        |                  |               |
|------------------------|------------------|---------------|
| <b>Ministers:</b>      | Richard Dawson   | 027 226 2024  |
|                        | Helen Harray     | 027 473 0042  |
| <b>Studentsoul:</b>    | Ivan Martinez    | 022 1909 499  |
| <b>Youth Pastor:</b>   | Luke Benton      | 022 637 0655  |
| <b>Parish Manager:</b> | David McKenzie   | 027 765 1922  |
| <b>Kidztime:</b>       | Fran Dawson      | 027 456 1188  |
| <b>Music Team:</b>     | Pauline Lovelock | 021 133 9015  |
| <b>Mission</b>         | Kristin Jack     | 022 075 3286  |
| <b>Admin:</b>          | Rachel Bates     | Church Office |

For a full list of contact details email the office for a copy of our church directory.

### NEXT WEEK'S TEAM

Next week the Youth will be taking our service.

The following people are also required...

|                        |                                    |
|------------------------|------------------------------------|
| <b>Setup Team</b>      | Craig Campbell                     |
| <b>Data Projector</b>  | Fiona Cooper                       |
| <b>Sound</b>           | Ged Forbes                         |
| <b>Duty Elder</b>      | James Lovelock                     |
| <b>Welcome Team</b>    | Helen Harray                       |
| <b>Prayer Ministry</b> | Mal & Helen Crossley               |
| <b>Morning Tea</b>     | Phil & Clair Scadden<br>Julie Hall |



# Leith Valley Church

"Growing great community"

## Sunday 9 November 2014

**Service Leader :** Richard Dawson  
**Preacher:** Richard Dawson  
**Worship Leader:** Jess Palmer



**clothe yourselves with the new self**

*Ephesians 4:24*

### Welcome to our service

It's great to have you with us, a special welcome to any newcomers or visitors. We'd love you to stay and share some morning tea with us after the service.

**Today's Readings:** Ephesians 4:17-24  
Matthew 16:24-26  
Romans 6:5-6



The final Contemplative service for 2014 will be next Sunday evening 16 November at 6.30pm. Come and share a light meal, followed by the service at 7pm.

### Today's Team

|   |   |
|---|---|
| <b>Door &amp; Offering:</b> Raewyn & Ziggy Lesa | <b>Prayers for Others:</b> Peter & Jessica Crothall |
| <b>Bible Reading:</b> Debbie Griffiths          | <b>Data Projector:</b> Sandi Jull                   |
| <b>Duty Elder:</b> Judith Forbes                | <b>Setup Team:</b> Bill Lee                         |
| <b>Welcome team:</b> Helen Harray               | <b>Sound:</b> Wayne Harray                          |
| <b>Prayer Ministry:</b> Helen & Wayne Harray    | <b>Morning Tea:</b> Liz & Steve Christensen         |
| <b>Offering Counter:</b> Sandi Jull             | Peter & Jessica Crothall                            |

