

## Comment



I wonder how you're feeling?

If you've found yourself to be 'on edge' recently don't be surprised. This has been a year of (and I hate to use this word again!) **unprecedented change**.

No matter how few people Covid kills compared to the infection rate (somewhere between 2 and 4%) the very changes we've made to try and combat the disease are pushing us into a fight or flight mode. Now you may question where the 'fight' mode is but I suspect it can easily be seen in the civil disobedience of those who stay partying and who escape quarantine and do other rather rash and silly things. For many of these people the very context of change is threatening and though we may not admit it – we are suffering together from all of the changes made to everyday life. So, what to do? I am not at all sure that simply ignoring it will be enough. I am sure than any chemical solutions will not be kind to us in the long run. Instead we need to share each other's burden. We need to show extra patience with those who have lost theirs. We need to show extra kindness to those who appear unkind and we need to be kind to ourselves.

Can I encourage you to get more rest, eat more healthily and find someone to share your load with. Talking helps. Giving unsolicited advice doesn't. Laughing helps as does giving others a hand before they have to ask.

Try not to listen to too much news. The news makers always try to make things appear worse than they really are. Definitely don't get into all the conspiracy theories flying around at the moment. This isn't a CIA plot gone wrong; it's not China's secret weapon and the Janola should be kept under the sink!

Finally friends, know this – God is here in the valley with us all. We are not being punished. This is life Jim – just not as we know it!

R.D.

### CHURCH OFFICE

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### MINISTER

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### STUDENT SOUL

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### CHILDREN AND YOUTH

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### OFFICE STAFF

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### PARISH CLERK

Ged Forbes 021 852 291

### CHURCH BANK ACCOUNT NUMBER

030883 0620501-00

### NEXT WEEK'S TEAM

<b>Service Leader</b>	Richard D
<b>Preacher</b>	Richard D
<b>Worship</b>	Rachel B
<b>Prayers for Others</b>	Alan P
<b>Bible Reading</b>	Don L
<b>Door &amp; Offering</b>	tbc
<b>Children's Talk</b>	tbc
<b>Morning Tea</b>	Camilla & Peter C Esther D
<b>Sound/Data</b>	Ged F/Mark L
<b>Vmix/Camera</b>	Janine K/Keryn H
<b>Duty Elder</b>	Bill L
<b>Prayer Ministry</b>	Mal & Helen C
<b>Welcome</b>	Judith F
<b>Offering</b>	Fran D
<b>Set up</b>	Craig C, Simon N, Paul Hill, Ross, T-Doig
<b>Playground</b>	

# LEITH VALLEY PRESBYTERIAN CHURCH

## Sunday 23 August 2020



Welcome to worship with us this morning! If you are visiting today please help yourself to a WELCOME PACK from the back table. We'd love you to leave us a contact form so we can get back in touch. Hand this to the Service Leader, or leave on the welcome table.

### Alert Level 2

Please remember to record your details for contact tracing, either by using the app or filling in the form at the door. We need to remember to observe physical distancing as well and unfortunately we are not having morning tea after church today.

# Today: Aidan S

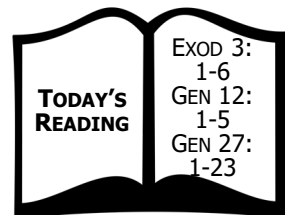


**SERVICE LEADER:**  
RICHARD D  
**PREACHER:**  
AIDAN S  
**WORSHIP:**  
LOVELOCKS

**DUTY  
ELDER:**



**JANINE K**



## Today's Team

<b>Door Greeting:</b>	Lesas	<b>Welcome:</b>	Mal & Helen C
<b>Prayers for Others:</b>	Rachel/Russell E	<b>Set up Team:</b>	Graham H, Alex S
<b>Bible Readings:</b>	tbc	<b>Offering Counter:</b>	Esther D
<b>Sound:</b>	Barry C	<b>Morning tea:</b>	n/a
<b>Data Projection:</b>	Bronwyn B		n/a
<b>Vmix:</b>	Dan S	<b>Playground:</b>	Pettigrew, Koh, Caldwell
<b>Prayer Ministry:</b>	Alan & Jenny Y	<b>Lock-up:</b>	Fran D
<b>Interview:</b>	Philip Hill		

Seeking God's Kingdom Growing Great Community

# Leith Notices



## HOUSE FIRE



The home of Steve and Melissa Foote, who live near Waikouaiti, suffered significant damage in a fire last Sunday. They are living with family nearby at present. If you would like to help them out financially, please place a donation in the church bank account 03-0883-0620501-00, reference: Foote. If you would like to help with meals we will be collecting frozen meals (for 8) in the freezer at church – please label 'Foote.' (One family member is dairy free) If you have any (good quality) toys or children's clothes spare (Abigail is 8, Jackson, 6, Marcus nearly 4 and Sophie 8 months) please bring those into church, again labelled Foote.

*Thanks to the many people who have supplied meals and other items to help them out at this time and let's all keep praying for this family as they grapple with this huge upheaval in their lives.*

## LEITH VALLEY CHURCH ANNUAL GENERAL MEETING FOR 2019

Tonight - Sunday 23 August  
7pm for dessert (provided)  
meeting begins at 7.30pm.

Reports from the various groups operating in the church will be presented by staff and leaders. Printed copies of the report will be available at the meeting.



### Prayer by Zoom:

Wednesdays

6.30am,

Saturdays 8.00am

## MEN'S BREAKFAST

-scheduled for Saturday  
22nd August 8am  
@ Leith Valley Church,  
has been

# postponed

until Saturday September 5th, same time, same place.



## BIRTHDAYS AND ANNIVERSARIES

If you have something to celebrate please send a photo to Rachel Bates [batesr71@gmail.com](mailto:batesr71@gmail.com) by **midday Thursday** of each week.



# Opportunities

## CALLING ALL CREATIVES!



Join in with our Creative Service exploring the first chapter of Genesis, the creation story. Do you write, draw, paint, craft, play an instrument or like some other form of creative expression? Get in



touch with Hannah or Miranda to join in the adventure and explore scripture in a new way. If you want a hand to be creative or just like creating with others, we are running four workshops as well.

**Songwriting** is on Wednesday the 26th, 7:30pm, contact Hannah to get involved.

The **Sewing Group** are also meeting on the 26th, contact Miranda for this. **Poetry and Prayer** is on Monday the 31st, contact Clare to find out more.

**Art** is on Wednesday the 2nd, 7:30pm, contact Hannah.

Looking forward to hearing from you!

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[fairmaidmiranda@gmail.com](mailto:fairmaidmiranda@gmail.com)

[clareanddon@xtra.co.nz](mailto:clareanddon@xtra.co.nz)



Oaken Café -  
538a Gt. King St  
Tonight: Combining  
with TSCF 7.30pm.  
All welcome.

## SOUTHERN MARRIAGE RETREAT

16-18th October, Wanaka.  
"A practical and fun weekend with your spouse that will enrich and strengthen your marriage."

Speakers: Matt and Belinda Stott.

<https://www.elimdunedin.com/events-1/southern-marriage-retreat>

Registrations close 2 September.

Organised by Elim Church.



mainly music

## Baby Formula tins required

As mentioned in last week's bulletin, we hope to start Mainly Music as soon as possible. We have been gathering sets of instruments to use in the sessions but as yet have no drums. Baby formula tins are ideal for making into drums, and we have received a few, but if anyone has any, or works in childcare and can collect some we'd love to have them. Empty of course!  
Thank you!